

Minutes of Patient Participation Group Meeting
Trinity Street Surgery
Tuesday 9th October 2018 at 12.00 noon

Present: BE, AW, JC, JV, KG, EH, DI, SK (Practice Manager), NM, AG & HS

Apologies: MC (Chairman), SW, KB & ZB, PP (Chairman BHC PPG)

1. Acceptance of Minutes for the meeting of 24th July 2018

BE welcomed two new members to group DI & EH.

2. NAPP Feedback

The Chairman of Bowthorpe's Patient Forum was unable to attend the meeting today so no feedback from his attendance at the NAPP conference on 9th June 2018.

3. Improved Access Appointments

The Practice is engaging in a national initiative to provide additional routine appointments for patients across the Norwich area. Working within a group of local Practices, the practice will be offering a range of appointments each weekday between 14:00 and 20:00 and during selected times at weekends and bank holidays, to registered patients. These appointments are not provided by Trinity & Bowthorpe Medical Practice staff. Patients will attend the Lionwood Medical Practice, Wellesley Avenue North, NR1 4NU.

Trinity Street and Bowthorpe Health Centre are allocated 2 appointments each on a daily basis. These appointments are for routine medical issues (not urgent) and may be undertaken by either a doctor or a nurse practitioner.

4. Campaign to reduce prescribing of over-the-counter medicines

Prescribing of over the counter medicines is changing. The campaign is to help reduce prescribing of over the counter medicines and encouraging patients to buy medicines over the counter. GPs or pharmacists will not generally give you a prescription for a range of short-term, minor health concerns that are available to buy in a pharmacy or supermarket, even if you qualify for free prescriptions. A list is available on the practice website of the conditions this applies to.

BE asked what proportion of drug budget goes on over the counter medicines. HS said significant amount was for hayfever/skin treatments. .

5. Update on proposed merger with Bacon Road & Taverham Surgeries

SK advised they were still in the early stages and there is nothing much happening at the moment and it's likely to be long drawn out process.

6. Staff vacancies

Dr Barger will be leaving at end of November. Maxine (Advanced Nurse Practitioner) will be leaving this month. Currently advertising for replacements and interviews have started.

7. Feedback from GP's

HS said Cambridge students have now finished. Students from the Norwich Medical School (UEA) have started. Yr1 and Yr2 then Yr4 & Yr 5 in December.

8. Parkrun

AG announced that we are now a parkrun practice. GP practices are being encouraged to link with local parkruns to become a certified parkrun practice. This is a ground-breaking initiative with The Royal College of General Practitioners and parkrun UK to see physical activity prescribed to patients instead of medication. This will help us improve the health and wellbeing of practice staff and patients.

Parkruns are free, weekly 5k events for all ages every Saturday morning and 2k junior parkruns on Sunday mornings. They are not races and you can walk, run, jog, volunteer or spectate. It is open to all, including those who are inactive or have health conditions or disabilities. Registration is via the parkrun website.

The Practice is encouraging patients and staff to sign up and join our local parkrun at Eaton Park on Saturday mornings at 9am.

Shared GP Appointments

HS commented on recent proposals in the press for shared appointments. These would be more for educational purposes than diagnostic.

9. AOB

GDPR General Data Protection Regulation

In order to comply with the new GDPR (General Data Protection Regulations) that came into force on 25th May 2018 all members were handed copies of the Confidentiality Policy & Declaration Agreement and Data Protection Procedures to read and sign.

Date of next meeting

Tuesday 22nd January 2019.